

MONDAYS to FRIDAYS Trains into Cornwall – from Plymouth/London until 12th December

From	Exeter	Newton Abbot	Plymouth	Stops	Saltash	Men	Liskeard	+Looe	Par	Truro	Destination
+Padd'ton 2345	+0447	+0509	0705	D---	0718		0737		0802	0828	Penz 0914
Bristol 0529	0653	0724	0813		0821		0840	0914	0906	0932	Penz 1015
Gun'slake 0732			0823	D---	0833	M	0855		0918		N'quay 1010
+Padd'ton 0527	+0926	+0948	1038		1047		1107	1139	1131	1156	Penz 1238
+Padd'ton 0906	+1119	+1140	1244		1252		1311	1347	1335	1400	Penz 1442
+Padd'ton 1006	+1245	+1313	1401		1409		1428	1501	1452	1518	Penz 1601
+Padd'ton 1206	+1445	+1504	1555	DDKB	1609	M	1630	1704	1654	1724	Penz 1807
+Padd'ton 1306	+1549	+1615	1706	DDKB	1720	M	1741				Liskeard
Padd'ton 1406	1619	1640	1725		1735		1754	1828	1819	1845	Penz 1934
Gun'slake 1725	+1651	+1704	1812	DDKB	1826	M	1847	1940	+1926	+1953	+Penz 2041
Padd'ton 1606	1821	1842	1926		1936	-	1955		2018	2044	Penz 2131
Padd'ton 1703	1923	1943	2026		2036		2055		2120	2146	Penz 2235
Padd'ton 1903	2122	2143	2226		2236		2255		2320	2345	Penz 0035

MONDAYS to FRIDAYS Trains from Cornwall – to Plymouth/London until 12th December

From	Truro	Par	+Looe	Liskeard	Men	Saltash	Stops	Plymouth	Newton Abbot	Exeter	Destination
Penz 0541	0619	0644	0641	0711	M	0733	----	0744	0825	0847	Padd'ton 1123
Penz 0604	0643	0707		0734	M	0753	BKDD	0809	0855	+0921	+Birming'm 1157
Penz 0640	0724	0749	0745	0816	M	0838	----	0849	0933	0955	Padd'ton 1223
Penz 0743	0827	+0829		0914		0933	----	0945	1026	1054	Padd'ton 1342
Penz 1036	1115	1139		1205	M	1224	----	1236	+1333	+1355	+Padd'ton 1622
Penz 1142	1221	1246	1237	1311		1329		1339	+1428	+1459	+Padd'ton 1726
Penz 1255	1334	1358	1350	1424		1442	----	1454	+1538	+1600	+Padd'ton 1822
Penz 1450	1528	1552		1618	M	1637	BKDD	1654	+1738	+1800	+Padd'ton 2039
+Pen 1600	+1641	+1706	1705	1749	M	1808	----	1819	+1901	+1921	+Birming'm 2157
Penz 1644	1723	1747		1813		1831	----	1841	1924	1946	+Padd'ton 2232
Penz 1905	1944	2008	1942	2034	M	2053	BKDD	2109	2155	2228	Exeter
Penz 2011	2056	2120		2148		2206	----	2216	+0100	+0123	+Padd'ton 0541

SUNDAYS Trains into Cornwall – from Plymouth/London until 7th September

From	Exeter	N Abb	Plym	Saltash	Men	Lisk	+Looe	Par	Truro	Destination
Plymouth			0910	0920		0939	1042	1003	1029	Penzance 1117
Bristol 0745	0917	0942	1030	1041	M	1102	1152	1126	1152	Penzance 1237
Bristol 0830	1007	1032	1123	1131	M	1153		1217	1242	Penzance 1324
+Padd'n 1257	1558	1636	1724	1732	M	1754	1847	1818	1843	Penzance 1927

SUNDAYS Trains into Cornwall – from Plymouth/London from 14th September

From	Exeter	N Abb	Plym	Saltash	Men	Lisk	Par	Truro	Destination
Bristol 0745	0914	0939	1030	1041	M	1102	1126	1152	Penzance 1237
Bristol 0830	1007	1032	1116	1124	M	1146	1210	1235	Penzance 1320
+Padd'n 1257	1605	1631	1718	1727	M	1748	1812	1838	Penzance 1922

SUNDAYS Trains from Cornwall – to Plymouth/London from 18th May until December 7th 2008

From	Truro	Par	+Looe	Lisk	Men	Saltash	Plym	N Abb	Exeter	Destination
Penzance 0830	0915	0940		1004		1024	1034	1115	1137	Padd'ton 1421
Penzance 1350	1431	1456	1446S	1522	M	1551	1600	1642	1705	+Padd'ton 2021
Penzance 1508	1548	1613	1547S	1638	M	1659	1707	1751	1819	Bristol 2011
Penzance 1857	1936	2001	1850S	2031	M	2052	2104	2149	2215	Exeter

SATURDAYS Trains into Cornwall – from Plymouth/London until 6th September

From	Exeter	Newton Abbot	Plymouth	Stops	Saltash	Men	Liskeard	+Looe	Par	Truro	Destination
Bristol 0531	0700	0731	0817		0825		0844		0910	0936	Penz 1017
Plymouth	+0815	+0838	1000	D---	1010	M	1031		1055		Par
Exmouth 0850	0920	0946	1036		1045		1102	1133	1124	1149	Penz 1231
Padd'ton 0906	1122	1143	1228		1238		1258		+1406	1346	Penz 1434
+Padd'ton 1206	+1412		1555		1603	M	1624	1700	1648	+1741	+Penz 1829
+Padd'ton 1406	+1622	+1643	1759	DDKB	1813	M	1833	1940	1858	1923	Penz 2004
+Padd'ton 1506	1743	1820	1911		1919		1938		2003	2029	Penz 2105
+Padd'ton 1706	+1934	+1954	2041		2051		2110		2137	2202	Penz 2243

SATURDAYS Trains from Cornwall – to Plymouth/London until 6th September

From	Truro	Par	+Looe	Liskeard	Men	Saltash	Stops	Plymouth	Newton Abbot	Exeter	Destination
Penz 0600	0641	0706	0645	0734	M	0753	BKDD	0809	0855	0916	+Padd'ton 1221
Penz 0718	0805	0830		0856		0916	----	0926	1007	1032	Padd'ton 1313
+Penz 0955	+1042	1137	1134	1203	M	1224	----	1233	1314	1337	+Padd'ton 1624
Penz 1250	1327	1352		1416		1434	----	1445	+1530	+1559	+Padd'ton 1824
Penz 1450	1532	1556		1622	M	1649	----	1658	+1822	+1854	+Padd'ton 2129
Penz 1632	1716	1741	1710	1807		1827	----	1836	+1925	+1953	+Padd'ton 2237
+Penz 1735	+1819	1855		1921		1941		1957			Plymouth
Penz 1908	1947	2012	1943	2038	M	2059	DDKB	2112	2159	2230	Exeter

Looe services now to continue throughout the year. Updated 10/7/08.

+ Indicates times from connecting services

Check your journey at www.nationalrail.co.uk

SATURDAYS Trains into Cornwall – from Plymouth/London from 13th Sep 2008

From	Exeter	N Abb	Plym	Stops	Saltash	Men	Lisk	Par	Truro	Destination
Bristol 0531	0700	0731	0817	----	0825		0844	0910	0936	Penz 1017
Plymouth			0825	----	0836		0857	0919	+1042	Newq'y 1011
+ Bristol 0648	+0819	+0844	1000	D---	1010	M	1031	1055	1120	Penz 1202
Exmouth 0850	0920	0946	1036	----	1045		1102	1124	1149	Penz 1231
+Padd'ton 0906	+1119	+1140	1244	----	1252	M	1315	1340	1405	Penz 1446
+Padd'ton 1206	+1445	+1504	1557	----	1605	M	1626	1650	1715	Penz 1757
+Padd'ton 1406	+1622	+1643	1732	----	1743		1803	1845	+1906	Newq'y 1937
+Birm'ham 1410	+1645	+1704	1759	DDKB	1813	M	1833	1858	1923	Penz 2004
+Padd'ton 1506	1743	1820	1911	----	1919		1938	2003	2029	Penz 2105
Padd'ton 1706	1934	1954	2039	----	2049		2108	2134	2159	Penz 2246

SATURDAYS Trains from Cornwall – to Plymouth/London from 13th September

From	Truro	Par	Lisk	Men	Saltash	Stops	Plym	N Abb	Exeter	Destination
Penz 0604	0643	0707	0734	M	0753	BKDD	0809	0852	0916	+Padd'ton 1221
Penz 0743	0825	0849	0914		0939	----	0949	+1043	+1105	+Padd'ton 1321
Penz 1036	1115	1139	1205	M	1224	----	1237	+1334	+1354	+Padd'ton 1622
Penz 1250	1327	1352	1416		1434	----	1444	+1530	+1559	+Padd'ton 1822
Penz 1450	1530	1601	1627	M	1648	----	1658	+1801	+1821	+Padd'ton 2129
Penz 1640	1719	1743	1809		1831	----	1839	1926	1951	+Padd'ton 2338
Penz 1908	1947	2012	2038	M	2059	DDKB	2112	2159	2230	Exeter
N'qua 1957		2045	2113		2133		2142			Plymouth