

MONDAYS to FRIDAYS

Trains into Cornwall – from Plymouth/London until 15th May 2009

From	Exeter	Newton Abbot	Plymouth	Stops	Saltash	Men	Liskeard	+Looe	Par	Truro	Destination
+Padd'ton 2345	+0447	+0509	0702	D ---	0715		0734		0759	0825	Penz 0911
Bristol 0529	0659	0732	0820	D ---	0830	M	0851	0923	0915	0941	Penz 1024
Bristol 0629	0804	0832	0919	D ---	0930	M	0953	1030	1017	1044	Penz 1127
+Padd'ton 0527	0934	0955	1040	--- B	1050		1109	1139	1133	1158	Penz 1240
+Padd'ton 0906	+1118	+1139	1230		1238		1257	1347	1321	1346	Penz 1430
+Padd'ton 1006	+1240	+1303	1358		1406		1425	1501	1449	1515	Penz 1558
+Padd'ton 1206	+1445	+1504	1558	DDKB	1612	M	1633	1705	1657	1723	Penz 1807
+Padd'ton 1306	+1545	+1606	1706	DDKB	1720	M	1741				Liskeard
Padd'ton 1406	1622	1642	1725		1735		1754	1831	1819	1845	Penz 1934
Gun'slake 1725	+1651	+1704	1814	DDKB	1828	M	1847	1943	+1928	+1954	+Penz 2041
Padd'ton 1606	1821	1842	1929		1939	-	1958		2021	2046	Penz 2133
Padd'ton 1703	1923	1943	2027		2038		2056		2121	2146	Penz 2235
Padd'ton 1903	2121	2142	2225		2235		2255		2320	2345	Penz 0035

MONDAYS to FRIDAYS

Trains from Cornwall – to Plymouth/London until 15th May 2009

From	Truro	Par	+Looe	Liskeard	Men	Saltash	Stops	Plymouth	Newton Abbot	Exeter	Destination
Penz 0541	0619	0644	0640	0711	M	0733	----	0744	0825	0847	Padd'ton 1123
Penz 0600	0639	0703		0729	M	0748	BKDD	0804	0847	0921	+Birming'm 1156
Penz 0643	0727	0752	0745	0819	M	0841	----	0852	0933	0955	Padd'ton 1225
Penz 0737	0821	0846		0913		0931	----	0942	1026	1054	Padd'ton 1342
Penz 1050	1129	1154	1140	1219		1238	----	1250	+1333	+1355	+Padd'ton 1622
Penz 1144	1223	1248	1242	1313	M	1333		1343	1428	+1459	+Padd'ton 1726
Penz 1254	1333	1357	1350	1423		1441	----	1451	+1538	+1600	+Padd'ton 1822
Penz 1449	1527	1552		1617	M	1637	BKDD	1652	+1738	+1800	+Padd'ton 2039
+Pen 1600	+1641	+1706	1706	1749	M	1807	B---	1818	+1901	+1921	+Birming'm 2206
Penz 1644	1723	1748		1813		1831	----	1841	1924	1948	+Padd'ton 2232
Penz 1906	1945	2010	1944	2036	M	2056	BKDD	2111	2155	2228	Exeter
Penz 2011	2059	2124		2151		2211	----	2222			
Falmouth 2130	2156	2222		2248		2308	BKDD	2325	+0027	+0050	+Padd'ton 0540

The 2308 connects with the sleeper service. Call SRUG for advice on berths or details of 'day coaches'..

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Check your journey at www.nationalrail.co.uk

Buy your tickets on board the train when travelling from Saltash.
You will not pay more because the station is unstaffed.

+ Indicates times from connecting services

SATURDAYS Trains into Cornwall – from Plymouth/London until 16th May 2009

From	Exeter	Newton Abbot	Plymouth	Stops	Saltash	Men	Liskeard	+Looe	Par	Truro	Destination
Bristol 0529	0659	0732	0818	D ---	0829	M	0850		0914	0940	Penz 1023
Bristol 0638	0804	0832	0920	D ---	0930		0953	1031	1017	1044	Penz 1127
Plymouth			0958	D ---	1008	M	1029		1053	1118	Penz 1201
Exeter	0934	0955	1040	----	1050		1109	1139	1133	1158	Penz 1240
+Padd'ton 0906	+1118	+1139	1246		1255	M	1316	1349	1340	1406	Penz 1449
+Padd'ton 1206	+1410	+1434	1603		1612	M	1633	1705	1657	1723	Penz 1807
+Padd'ton 1406	+1622	+1643	1759	DDKB	1813	M	1833	1943	1858	1923	Penz 2004
+Padd'ton 1506	+1749	+1811	1911		1919		1938		2003	2029	Penz 2105
Padd'ton 1706	1934	1954	2039		2049		2108		2134	2201	Penz 2248

SATURDAYS Trains from Cornwall – to Plymouth/London until 16th May 2009

From	Truro	Par	+Looe	Liskeard	Men	Saltash	Stops	Plymouth	Newton Abbot	Exeter	Destination
Penz 0601	0639	0703	0640	0730	M	0749	BKDD	0805	0847	0916	+Padd'ton 1223
Penz 0735	0821	0846		0913		0931	----	0942	+1042	+1104	Padd'ton 1321
Penz 1036	1115	1139		1205	M	1224	----	1237	+1334	+1354	+Padd'ton 1623
Penz 1144	1223	1248	1242	1313	M	1335		1344	+1435	+1456	+Padd'ton 1723
Penz 1254	1333	1358	1351	1424		1441	--- D	1455	+1544	+1606	+Padd'ton 1822
Penz 1440	1519	1544		1610	M	1629	----	1639	+1740	+1802	+Padd'ton 2037
Penz 1643	1723	1746	1706	1811		1831	----	1841	+2019	+2041	+Padd'ton 2338
Penz 1906	1945	2011	1944	2036	M	2057	BKDD	2112	2156	2230	Exeter
Newq'y 2125		2213		2242	M	2301	BKDD	2317			

SUNDAYS Trains into Cornwall – from Plymouth/London until 25th January and from 29th March

From	Exeter	N Abb	Plym	Saltash	Men	Lisk	Bodmin	Par	Truro	Destination
Bristol 0745	0914	0942	1030	1042	M	1103	1115	1127	1153	Penzance 1238
Bristol 0806	1007	1033	1116	1124	M	1146	1158	1210	1235	Penzance 1320
+Padd'n 1257	1605	1631	1719	1727	M	1749	1801	1813	1838	Penzance 1921

SUNDAYS Trains from Cornwall – to Plymouth/London until 25th January and from 29th March

From	Truro	Par	Bodmin	Lisk	Men	Saltash	Plym	N Abb	Exeter	Destination
Penzance 0837	0921	0946	0958	1011		1031	1040	1122	1143	Padd'ton 1429
Penzance 1350	1431	1456	1508	1522	M	1548	1557	1642	1705	+Padd'ton 2029
Penzance 1508	1548	1612	1625	1638	M	1658	1706	1750	1818	+Padd'ton 2129
Penzance 1900	1939	2004	2018	2034	M	2055	2104	2154	2221	Exeter

SUNDAYS Trains into Cornwall – from Plymouth/London from 1st February – 22nd March

From	Exeter	N Abb	Plym	Saltash	Men	Lisk	Bodmin	Par	Truro	Destination
+ Exeter	+0756	+0852	1030	1041	M	1102	1114	1126	1152	Penzance 1238
+Bristol 0844	+0840	+0955	1126	1135	M	1156	1211	1224	1248	Penzance 1337
+Padd'n 1257	+1527	+1555	1725	1733	M	1755	1807	1819	1844	Penzance 1927

Buses replace train between Plymouth and Tiverton Parkway/Exeter – Check details before travelling

SUNDAYS Trains from Cornwall – to Plymouth/London from 1st February – 22nd March

From	Truro	Par	Bodmin	Lisk	Men	Saltash	Plym	N Abb	Exeter	Destination
Penzance 0810	0854	0919	0931	0947		1007	1016	+1140	+1210	+Padd'ton 1429
Penzance 1325	1404	1428	1441	1454	M	1514	1522	+1640	+1710	+Padd'ton 1943
Penzance 1509	1548	1612	1625	1638	M	1659	1707	+1842	+1912	+Padd'ton 2129
Penzance 1900	1939	2004	2018	2034	M	2056	2105	+2220	+2323	Exeter 2323

Buses replace train between Plymouth and Tiverton Parkway/Exeter – Check details before travelling